

Some people think that the teenage years are the happiest of our lives, while others believe that adult life brings more happiness.

Discuss both these views and give your own opinion.

Happiness is difficult to define and it varies from person to person. Many believe happiness is related to richness and the social life level, while others think that it is linked to age. The second group debate which years of everybody's life ~~is~~are the happiest time, teen ages or adulthood. I will discuss both viewss and draw my ~~one~~own conclusion.

Those who believe the most ~~pleasure~~pleasant time of each person happens in his or her teens have their own logical reasons. They say Teenagers have less responsibility and more freedom. They usually contribute to family decisions, but if the outcome goes wrong, they are not the one who is responsible-~~for that~~. ~~Adoldscents~~Adolescents spend most of their time hanging out with their friends and ~~make~~having enjoyable dreams of their near future.

On the one hand, many believe that people have more financial freedom in their adulthood. Furthermore, grown-up people/grown-ups face the reality of life and know what exactly they want. Because of this, their goals are drawn along their own abilities and also they are pleased by the life process. In other words, stability is a significant feature for being happy in adulthood. In addition, adults also keep in touch with their friends who are loyal and long-lasting friends and fill most of their leisure time. Moreover, they spend time with their own family ~~that jof of this matter~~the joy of which is unimaginable for teenagers.

After looking at these two opposite views, I think being happy is a state of mind. I mean, how we look at our life ~~in~~deep down shapes our happiness. I believe if we consider that life is not a bowl of cherries, we can be happy in every age of our life.